FIRECRACKER RUN

Thursday, July 4, 2019 / 7:30am
Holy Family Church-3179 Kent Rd., Stow

4-Mile $35 pre-registration; $40 day of race
3K Fun Run $25 pre-registration; $30 day of race

For more information & registration, visit
StowOhio.RecDesk.com
(330)689-5100 / fax: (330)689-2894

Pre-registration and race packet pick-up
Wednesday, July 3, 4-8pm at Holy Family Church Hall.
Race day registration and packet pick-up starts at 6am.
Chip timing, refreshments, more!

STOW FIRECRACKER RUN 2019

In consideration of your accepting this entry, I hereby, for myself, heirs, executors and administrators, waive and release any and all rights and claims for any damages I have against the sponsors and officials of the Stow Parks and Recreation Department's 4-mile and 3K runs to be held on July 4, 2019. I attest and verify that I am physically fit and have trained sufficiently for this race. I hereby further attest and certify that I am familiar with the hazards of warm weather running including heat prostration and exhaustion. I am voluntarily entering this race with full knowledge of all the potential hazards of road racing, and this waiver and release is predicated upon a full understanding of said hazards and a willingness of voluntarily assuming any risks in connection thereto.

REGISTER ME FOR: (CIRCLE ONE) **3K FUN RUN ($25)** *Day of Race ($30)* **4-MILE RACE ($35)** *Day of Race ($40)*

NAME (PRINTED)_____**BIRTHDATE**_____**AGE**_____**SEX**_____

ADDRESS_____**CITY/STATE**_____**ZIP**_____

EMAIL ADDRESS_____**DAYTIME PHONE**_____

PLEASE CIRCLE T-SHIRT SIZE: **YTH-M** **YTH-L** **ADLT-S** **ADLT-M** **ADLT-L** **ADLT-XL** **ADLT-XXL**

SIGNATURE_____**DATE**_____

(PARTCIPANT SIGNATURE REQUIRED and/or PARENT SIGNATURE FOR PARTICIPANTS UNDER 18)

Mail Form:
City of Stow / 3760 Darrow Rd. / Stow, OH 44224
Checks payable to *City of Stow*

For more information & online registration, visit:
StowOhio.RecDesk.com
Phone: 330-689-5100
Fax: 330-689-2895